



अंतर्चेतना

Antarchetana - The awakening

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Dr. Verghese Kurien



Editorial

Journey from a Sapling to a Tree

Of all these 14 years that I have spent here at Anandalaya, I have come to the gradual realization as to how individuals, i.e., students are transforming from young saplings to tall, proud trees, who can face the world bravely.

Here, every stage of life is meant to be like a season, which, after its passing, transforms each student into a finer and well-rounded personality in its wake.

The Kush and Pallav allow us to mingle with others like us, whom we initially don't know, but later end up making strong bonds that last for the rest of our lives. Here, our journey begins as we receive the first rays of sunshine.

The primary classes aim to open our eyes to the wonders around us. Here, we get to experience the very basics of life and get ready for anything that would come at us. This second season sets the stage for the sapling's unstoppable growth.

The Secondary section widens our worldview, making us look at all the happenings around us with a critical eye. Our understanding develops, we embark on the course of becoming mature. This third season brings a sea change in us as we start forming concrete opinions with regard to issues around us.

The Senior Secondary section strengthens us, making us individuals in our own right. Here, we get prepared to face the first challenge thrown at us, robust plants. This season moulds us in such a way that we get ready to face the umpteen challenges that life will direct at us henceforth. The senior secondary phase ensures our development from a strong plant to a tall, robust tree, while keeping us firmly rooted so as to keep us grounded as individuals going to face the world.

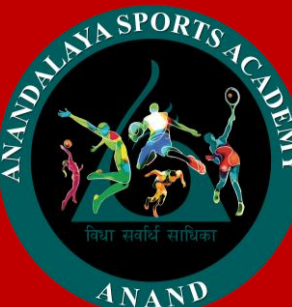
Here, we learn how to face this wonderful orchestra called 'life', as trees always give to the world, all the nutrition they had derived from it, in the form of nurturing fruits, because ultimately, here at Anandalaya, we learn how to give back to our society, and be contributing individuals who act in the best interest of the society.

I believe that each student, upon becoming a robust tree must extend support to young trees and strive to become effective contributors to the alma mater.

-Miss Surabhi Jha (XII B)



PRE SCHOOL



Children's Day



Children's day was celebrated on Thursday, 14th November 2019. The Kindergarten teachers dressed as clowns welcomed the students of Kush and Pallav. In a special assembly students were familiarized with the significance of the day. This was followed by singing and dancing to the tunes of children's songs as well as playing of games.

Grandparents' Day



enjoyed playing a variety of games.

Grandparents' Day was celebrated on Friday, 13th December 2019 with grandparents of students from Pallav classes as the special guests. After the customary welcome of the guests, students of Pallav presented a melodious welcome song and action songs. Both children and grandparents shared their feelings for each other. Grandparents



They expressed gratitude on being acknowledged by the 'Anandalaya'. All the grandparents were gifted a handmade file as a token of love.

Christmas Celebration



Celebrations in the Kindergarten section began a week before Christmas. A Christmas scene was drawn on the KG foyer board along with display of a traditionally decorated Christmas tree and the nativity scene. Children indulged in a variety of creative activities related to the occasion. A grand celebration was organized on Tuesday, 24th December 2019 beginning with a pleasant surprise as Santa visited their class. Students of Kush presented a dazzling dance performance dressed in Santa masks made by them.

PRIMARY, SECONDARY AND SENIOR SECONDARY

National Milk Day- Bikers' Rally

Dr. Verghese Kurien's 98th birth anniversary, now fondly commemorated as National Milk Day, was celebrated with the annual bikers's rally which commenced from Varanasi and culminated at Anand. On November 26, 2019 the rally reached NDDDB campus where they were given a grand reception by the students of Anandalaya by waving flags and releasing balloons to cheer and appreciate the bikers. Amul Baby was cheered by the bikers and the audience.

Prize Distribution Ceremony for Dr. V. Kurien Memorial Inter School Competitions 2019



Dr. V. Kurien Memorial Inter School Competitions 2019 were held on 12th October 2019. Nineteen schools participated in the event. The prize distribution for the event was held on 27th November 2019. The programme commenced with a prayer song by our school choir. Shri Dilip Rath, Chairman, NDDDB, Shri Rajesh Subramaniam, Managing Director, IDMC and Shri K. C. Supekar, Managing Director, NCDFI awarded prizes to the winners of the competitions. Students of Anandalaya took part in all the competitions but did not compete for prizes. These student participants were felicitated with a certificate of appreciation.

Debate – English (Classes IX to XII)

Topic: 'Will Artificial Intelligence (AI) supersede human intelligence?'

Position	Name of the Student	School
3	Shekh Afrin Mohamadsadiq	Vatsalya International School, Borsad
2	Vaidehi Rajput	New Era Senior Secondary School, Vadodara
1	Khwaish Agarwal	Navrachna School, Sama, Vadodara

Best Team:

School	Team Members
Navrachna School, Sama, Vadodara	1. Khwaish Agarwal 2. Karm Patel

Debate – Hindi (Classes IX to XII)

Topic: 'क्या नैतिकता हमारी शख्सियत को निखारने की पहली सीढ़ी है?'

Position	Name of the Student	School
3	Patel Hetkumar Nimeshbhai	Baroda Public School, Por
2	Bhoomi Shah	Navrachna School, Sama, Vadodara
1	Sanvi Pande	Navrachna School, Sama, Vadodara

Best Team:

School	Team Members
Navrachna School, Sama, Vadodara	1. Sanvi Pande 2. Bhoomi Shah

Drawing & Painting - Juniors- (Classes VII & VIII)

Topic : "A Drop..... A Life"

Position	Name of the Student	School
3	Kavya Navale	Anand Vidya Vihar, Vadodara
2	Rishita Pittle	Anand Vidya Vihar, Vadodara
1	Thilaka	Baselious Public School, Vadodara

Drawing & Painting - Seniors- (Classes IX to XII)

Topic: "Non – Violence: My Perspective"

Position	Name of the Student	School
3	Rhaul Jha	V & C Patel English School, V. V. Nagar
2	Kshama Shah	Anand Vidya Vihar, Vadodara
1	Vidhi J. Sheth	Shri I.B.Patel Angel School, Anand

Inter-School Quiz Competition – (Classes IX to XII)

Title of the Quiz- Lal Bahadur Shastri – Pioneer of Strong & Self Dependant India

Position	School	Team Members
3	New Era Senior Secondary School, Vadodara	1. Vatsal Gandhi 2. Arjav Patel 3. Aum Rajesh Hirani
2	Bhartiya Vidya Bhavan's Smt. M.K. Patel School, Narsanda	1. Pannag Tarunkumar Agrawal 2. Nadini Sherwani 3. Tanya Divyang Shah
1	Sri Sri Ravishankar Vidya Mandir, Bakrol	1. Manya Awasthi 2. Yashvi Patel 3. Aastha Sandu

Students participants from Anandalaya.

Debate – English (Classes IX to XII)

Participant	Name of the Student
01	Aarya Singh
02	Jonathan Christopher

Debate – Hindi (Classes IX to XII)

Participant	Name of the Student
01	Diya Jain
02	Jhanvi Bhatt

Drawing & Painting - Juniors- (Classes VII & VIII)

Participant	Name of the Student
01	Meshwa Shah
02	Parisha Mehta

Drawing & Painting - Seniors- (Classes IX to XII)

Participant	Name of the Student
01	Ameya Mistry
02	Shikha Vyas

CBSE Athletics Meet 2019-20

CBSE National Athletics Meet 2019-20 was organised at Allons Public School, Bemetara, Chhattisgarh from 26th to 30th November, 2019. A total of 3200 athletes participated from all over the country and UAE Zone. Seven athletes from Anandalaya participated in the meet and gained valuable exposure.



The participants were

1. Rohan Goswami - Class XI
2. Kevin Rana - Class XI
3. Falak Sharma – Class VI
4. Vrunda Patel – Class VIII
5. Yashvi Patel – Class XI
6. Karthikeya - Class XI
7. Dhruval Zala – Class XII

Sahodaya Workshop



Gyan Sarovar-The Central Gujarat CBSE Schools' Sahodaya Complex organized, Training-cum-Workshop for Capacity Building on 30th November 2019 for all subject teachers of classes I to X. The sessions were highly interactive and reflective and aimed to equip teachers with different strategies to engage students during teaching-learning session in the classroom and teaching methodologies to guide students in learning the digital age.

National Science Olympiad (NSO)

National Science Olympiad (NSO) for the academic session 2019-20 was conducted on 21st November 2019. Two hundred and eighty four students from the classes III to XII appeared for the examination, the results for which are awaited.

CBSE Regional Science Exhibition 2019-20



CBSE Regional Level Science Exhibition - 2019-20 was held at Bharatiya Vidya Bhavan, Vadodara from 2nd to 4th December 2019. Miss Falak Sharma and Miss Sanvi Arora of class VI presented their exhibit named 'Biogas slurry – a flexi-source of nutrients for eco-friendly agriculture'. Master Shaswat Suthar and Master Rahul Chaudhary of class IX presented their exhibit named 'SPARX as a Rover'.



There were a total of 88 exhibits from 53 schools which were grouped as per different sub-themes. The students' and teachers' efforts were recognized when "SPARX - as a Rover" got selected for the CBSE National Science Exhibition 2019-20 to be held at Gurugram from 16th to 18th January 2020.

21st St. Basil Quiz Competition



The society of St. Basil, Baroda organized 21st inter-school quiz competition for “Mar Philexinos Rolling Trophy” on 7th December 2019. The competition held for students of classes VI to VIII saw participation by twenty schools. Team Anandalaya comprising of three students – Master Kanav Dholakia (class VI), Master Shreejit Panwar (class VII) and Master Patel Rushil (class VIII) were selected as one of the four teams for the final quiz round. Team Anandalaya participated actively and secured second position. Students were awarded merit certificates and trophies for their remarkable performance.

Workshop at Mitra Rehabilitation Centre



Anandalaya students were invited to attend the workshop held on 7th December 2019 at Mitra Rehabilitation Centre as a part of the national mental handicap week. Ten students from classes VI to VIII were selected to attend the workshop. The participants of the workshop were divided into 10 different groups and each group having its own activity of making certain handicrafts. Each group had a specially-abled student from Mitra centre as their guide. It was a great learning experience for all participants.

A R Rao Geometry Competition

A R Rao Geometry Competition organized by A R Rao Foundation, Ahmedabad for students of class X on 8th December 2019. Seventeen students appeared for the competitive examination at Vallabh Vidyanagar.

Harihar Bhajan Competition 2019



The Harihar Bhajan Competition 2019 organised by Shri Khodiyar Mandir, Bakrol, saw the participation of 145 students from 13 schools in group and solo sections. Our students participated in both the categories with soulful renditions of Bhajans and brought laurels to the school with their singing prowess. In category I to IV (group) 12 students won the first prize. In addition to this, in category V to VIII (solo) Miss Kanushi Gupta (VI-A) won the second prize, while Master Aman Raithatha (XI-A) won the second prize in category IX to XII (solo).

NCC Swachhata Pakhwada



Swachhata Pakhwada was observed from 1st to 15th December 2019 by 13 Gujarat Battalion, Vallabh Vidyanagar. Anandalaya organized (1) “Awareness Rally: Open Defecation Free(ODF) on December 11, 2019 in school itself. A painting competition & swachhata essay writing competition was held on December 13, 2019 at school and all 50 cadets participated in this and performed excellently. Four Cadets namely, Master Priyansh P Patel – class IX (Painting), Master Shivam Patel - class IX (Painting), Master Tathya Arora – class VIII (Painting), Master Rudra patel – class IX (Essay writing) received **Gold Medal** in the competitions

On 13th December 2019 an essay and drawing competition was organised at Anandalaya for NCC cadets of 4 Guj Girls BN. A total of 77 cadets participated in event. Miss Diya Jain, Miss Diya Sharma, Miss Sneha Rajyaguru and Miss Mahi Patel received gold medals in both the competitions.

Special Assembly- Christmas



Christmas was celebrated in the assembly on 24th December 2019 by carols singing and depicting the story of Jesus Christ's birth through songs, and the visit by dear Santa Claus.



36th Baseliros Inter-School Debate Competition 19-20



The 36th Baseliros Inter-School Debate Competition 2019-20 was organised by Baseliros Public School, Vadodara on 13th December 2019. Ms. Eshitta Kherde (VIA), Master Vedant Vyas (VIA) debated on "Are hefty fines as per amended Motor Vehicle Act 2019, justified" in the junior category, Miss Rhuhi Sisodia (IXB) and Miss Aarya Singh (XA) debated in the senior category on the topic 'One country, one Uniform Civil Code', is it practically possible in a country like India with diverse culture and religion". Miss Aarya Singh secured the second position in the senior category.

International Mathematics Olympiad (IMO)

IMO (SOF) was conducted on 17th December 2019, 304 students participated in exam. Result is awaited.

International Commerce Olympiad 2019-20 (ICO)

ICO (SOF) was conducted on 19th December 2019, 23 students participated in exam. Result is awaited.

Talk On Scientific Heritage of Ancient India Including Medical System

A talk on the topic 'Scientific Heritage of Ancient India including Medical System' was organised at Shree Krishna Hospital, Karamsad on 23rd December 2019. The speaker Dr. Raj Vedam, Director, Arsha Vidya Satsanga talked on various topics from maths, medicine, astronomy to music, genetics and linguistics; on how India flourished due to the contributions made by our scholars during ancient period. He also enlightened the gathering about how ancient Indian scholars were highly knowledgeable in various subjects and made valuable contributions in various fields in India as well as foreign lands. Mr. S. Gopalakrishnan and Ms. Sreerupa Saha attended the talk.

International General Knowledge Olympiad (IGKO)



The prize distribution ceremony for SOF International General Knowledge Olympiad (IGKO) 2019-20 was held on 19th December 2019. 89 students appeared for this examination across classes III to X this year.



Class	Name	School Rank and Medal
Class III	Darsh N Panchal	1 st - Gold Medal
	Maahi S Desai	2 nd - Silver Medal
	Daivik Singh	3 rd - Bronze Medal
Class IV	Anvi A Amin	1 st - Gold Medal
	Dhvani S Daxini	1 st - Gold Medal
	Saanvi S Singh	2 nd - Silver Medal
	Freya R Prajapati	2 nd - Silver Medal
	Shinjini Chaudhury	3 rd - Bronze Medal
Class V	Divyaansh S Arora	3 rd - Bronze Medal
	Chaitanya Raj Thakur	1 st - Gold Medal
	Mohulbnee De	2 nd - Silver Medal
	Smaran Y Suthar	3 rd - Bronze Medal
Class VI	Devarsh U Kshatri	1 st - Gold Medal
	Reva R Nair	1 st - Gold Medal
	Yug S Patel	2 nd - Silver Medal
	Tanmay Lalchandani	3 rd - Bronze Medal
Class VII	Mohit S Shah	1 st - Gold Medal
	Haard A Majmudar	2 nd - Silver Medal
	Ruja J Vadher	3 rd - Bronze Medal
Class VIII	Taksh D Chauhan	1 st - Gold Medal
Class IX	Shashwat Y Suthar	1 st - Gold Medal

Annual Project “Samras—One Flavour One Taste”

The Annual Project ‘Samras- One Flavour, One Taste’ was exhibited on 15th December 2019. The project depicted culture, traditions and customs of east, north, south and west zones through food which acts as a binding agent for all of these elements. The project exhibition was inaugurated by Shri Rajesh Subramaniam, M.D. IDMC Ltd.



Ullas House depicted the Eastern region of India



Utkarsh House displayed the Northern region of India



Umang House showcased the Southern region of India



Harsh House exhibited the Western region of India.

The connection between food and life was depicted by the agricultural practices, the nutritional value of the food produced in each region. Medicinal significance of the food, processed food industry; the strong bond between food and festivals, dances and music along with the culture and tradition was explored at a minute level by all the students of classes I to X. The research and preparation of exhibits and models for the project became an educational experience that involved the joy of discovering new knowledge. Another aspect of food; adulteration and its prevention was also highlighted through street play and posters. The project was well-received by the parents and visitors alike.

